Sermon Discussion – 27 September 2026

Read *Galatians 6:1-5*

Getting Started

The latest statistics reveal how millions of people have hundreds of "friends" or followers on social media, yet feelings of isolation remain high. What do you think is the biggest difference between online connections and true, face-to-face Christian fellowship?

Think of a time you had to move a very heavy object (like a piece of furniture, a piano, or an appliance). What happened when someone stepped in to help take part of the weight? How does that physical sensation compare to having someone help carry an emotional or spiritual weight?

Group Discussion

- In v. 1, Paul reveals that relational restoration is included in fellowship. Why is gentle, loving confrontation often difficult in modern church culture, and how can we keep from swinging between harsh judgment and permissive tolerance?

- To bear a burden (v. 2) means giving up some of your own ease, time, or resources to stand in the gap for a brother or sister. What makes bearing someone else's burden feel so costly or draining? How does viewing this through the lens of the gospel change our willingness to step into another person's pain?

- There is a difference between "burdens" (v. 2) and "load" (v. 5). “Burdens” means heavy, crushing weights that require collective support while “load” refers to a soldier's individual backpack. This reminds us that while we help others with heavy crises, each person remains individually accountable for their own personal walk. In what area of your spiritual life have you been making excuses or relying on others to do what God requires of you personally?

- How does knowing that Jesus bore our ultimate burden of sin give us the emotional and spiritual strength to bear the heavy weights of our brothers and sisters in Christ?

Personal Reflection

- Do you have at least one trusted believer who knows your actual daily struggles and can ask you tough, direct questions? If not, what step will you take this week to build that kind of relationship?

- Is there someone you know or are aware of currently carrying a heavy financial, physical, or emotional burden? How can you practically share your resources or time to lighten their load this week?