Sermon Discussion – 13 September 2026

Read *John 4:24; Romans 12:1; Matthew 6:9-13*

Getting Started

What is one of your favourite or most memorable family meal traditions? What makes gathering around a table so powerful for human connection?

What is a skill or habit in your life (cooking, a musical instrument, a sport) that felt awkward or difficult at first, but became natural through patient practice?

Group Discussion

- Why do many Christians treat Communion strictly as a sombre, heavy memorial service rather than a joyful celebration of freedom and future glory? How does holding both perspectives in balance deepen our worship?

- In John 4:24, Jesus teaches that true worship must happen "in spirit". How does the Holy Spirit transform worship from an external routine or emotional performance into a deep, heart-level engagement with God?

- When the disciples asked, *"Lord, teach us to pray"* (Luke 11:1), Jesus provided a model for communicating with the Father. Jesus teaches us to pray, *"Hallowed be Your name."* What is one practical area of your daily life (at home, work, or in private) where you need to ask God to help you treat His name as holy and supreme this week?

- Romans 12:1 defines living sacrifice as our *"spiritual worship"*. How does expanding our definition of worship beyond Sunday singing transform the way we view mundane chores, career goals, and personal stewardship?

- When we think about growing in Christ, or becoming more spiritually mature, how does regular corporate and personal worship actively shape our desires, refine our character, and conform us into the image of Christ?

Personal Reflection

- Jesus states that failing to forgive others contradicts the gospel we have received. Is there anyone in your life against whom you are holding a grudge or bitterness? How can receiving God's grace empower you to extend forgiveness to them today?

- Are there specific environments, digital habits, or relationships where you need to pray *"Lead me not into temptation"* and actively take a step back this week?